

JUDGING

PART 1



Judging – Part 1

- At competitions what do we get marked on?
- Horizontal Displacement
- Tariff / Difficulty
- Form
- Time of Flight



**What should
gymnasts wear?**



Gymnast Dress

- Coaches should know the gymnast dress rules
- They should also know their own dress rules

Male gymnasts

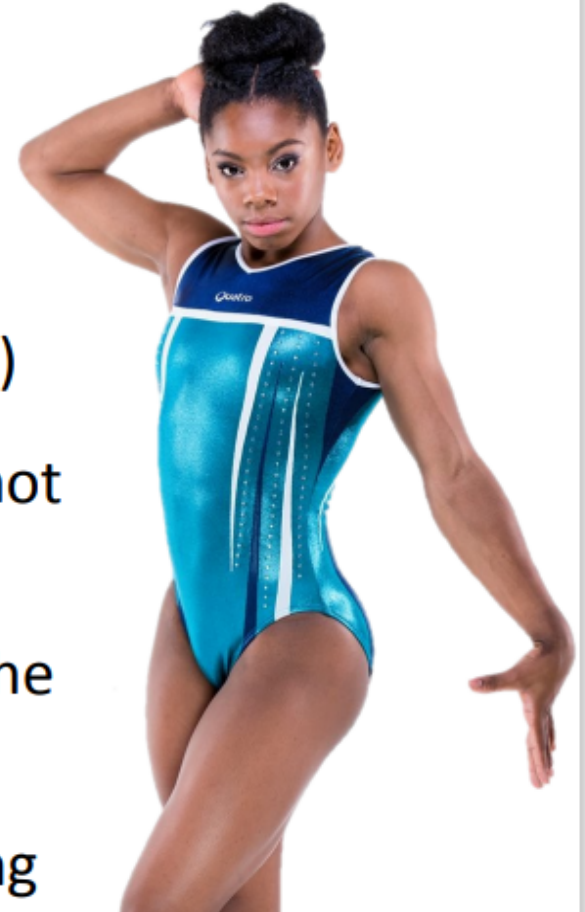
- Sleeveless or short sleeves singlet
- Gym trousers (in a single colour, except black or any other dark colour) or gym shorts
- Trampoline shoes and/or foot covering of the same colour as the gym trousers or white



Gymnast Dress

Female gymnasts

- Leotard or unitard with or without sleeves (must be skin tight)
- Long tights may be worn (but they must be skin tight and the same colour as the leotard)
- Any other “dress” which is not skin tight is not allowed
- For reasons of safety, covering the face or the head is not allowed
- Trampoline shoes and/or white foot covering



Gymnast Dress

- Jewellery or watches are not allowed during the competition.
- Rings without gemstones may be worn if they are taped
- Bandages or support pieces must not create big contrast with the skin colour
- Underwear must not be visible (This includes sports bras)
- A penalty is applied by the Chair of Judges for the routine within which a violation occurs



Horizontal Displacement



Horizontal Displacement

- There are 2 HD judges
- The judges scores are added together and divided by 2 to get an average then this added to the overall score.

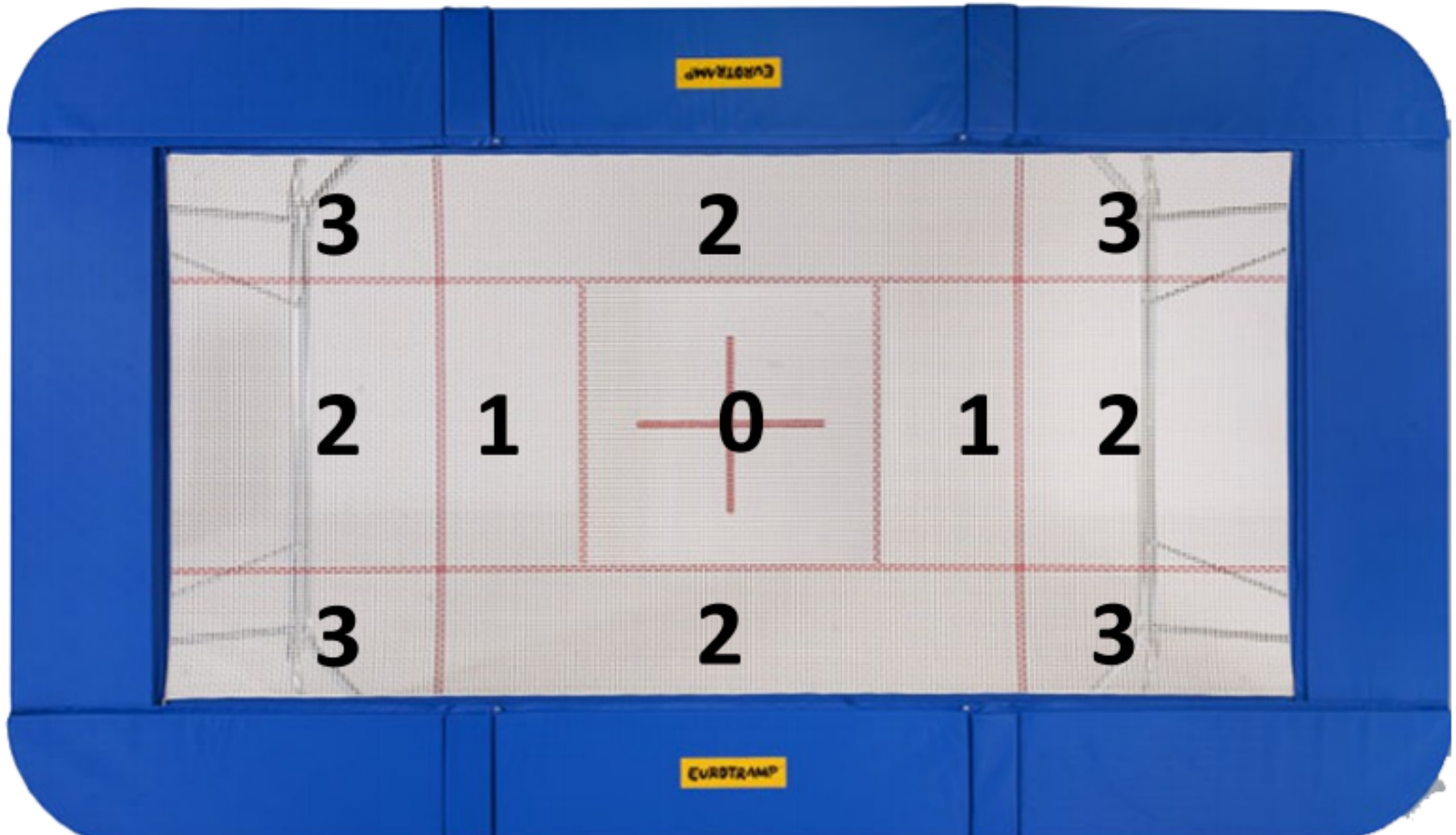


Horizontal Displacement

- Each routine begins with a score of 10.
- The judges will then make deductions based on where you land on the trampoline after each move.



Horizontal Displacement Zones

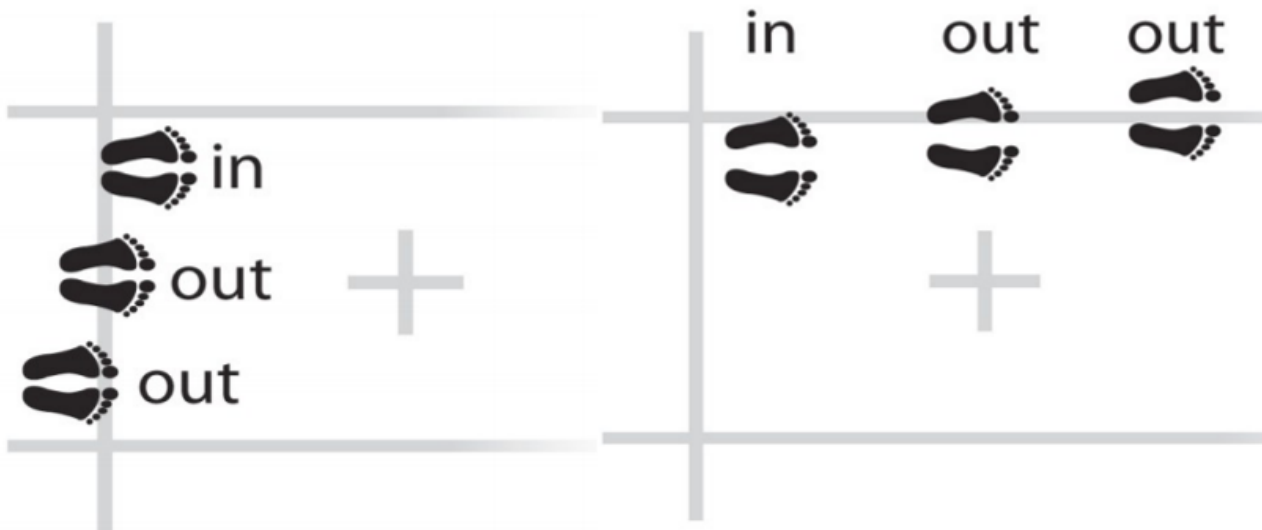


Horizontal Displacement

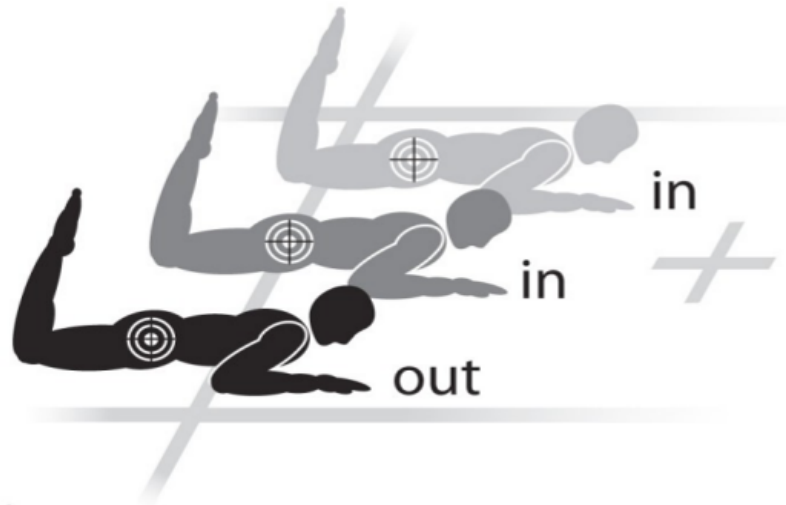
- If you landed in the middle box after every move what mark would you score for HD?
- If you landed 9 moves in the middle box but then landed the last move in the 2 box what would you score for HD?



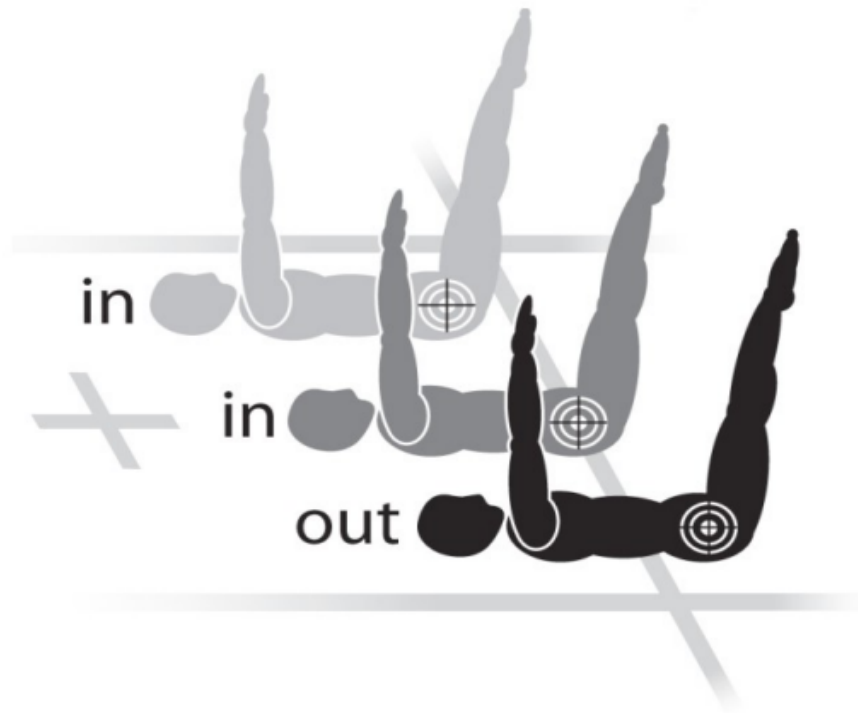
Horizontal Displacement | Feet



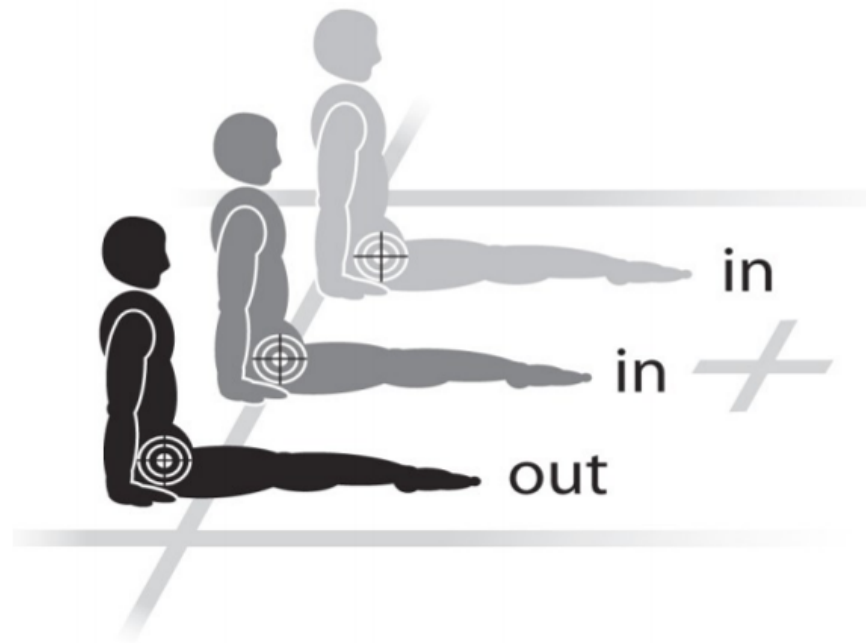
Horizontal Displacement | Front landings



Horizontal Displacement | Back landings



Horizontal Displacement | Seat landings





Tariff / Difficulty



Tariff / Difficulty

- Only 1 tariff judge
- Tariff will only apply to the voluntary routine (the second routine)
- Does not apply in NDP competitions as both routines are set.
- Competition groups are usually capped at a certain tariff to make the group competitive to all at that level.



Tariff / Difficulty

- 0.1 per half twist
- 0.2 full twist

- 0.1 per quarter rotation, to 0.4 for 4 quarters plus an extra 0.1 for a full somersault.

- 0.1 for a pike or straight shape.



Tariff / Difficulty

Examples:

Front or back s/s (T) – 0.5

Front or back s/s(P) – 0.6

Barani all shapes – 0.6

Full – 0.7

Rudi – 0.8

Crash dive / Lazy back – 0.3

Barani ball out – 0.7

Cody – 0.6

Double back (T) – 1.0

Double back (P) – 1.2

Half out (T) – 1.1

Half out (P) – 1.3



Penalties – Difficulty Judges

Optional first routine: Any missing required elements or requirements in a first routine	2.0 for each missing requirement
Optional first routine: Repetition of any element in a first routine	2.0 for each repeated element